

March 2023 Clinical Activity

Scenario

- 26 year old female contacts you wanting to learn STM with an educator used to working with clients who use Lady Comp.
- She is getting married in a week's time.
- Takes Epilim for her epilepsy and Minocycline for inflammatory acne.
- Will be moving to Northland after the wedding
- Doesn't drink.
- She is a brethren woman. My experience as an educator is that most brethren women, once married, practice withdrawal.

Readings

Epilim:

<https://www.medsafe.govt.nz/consumers/cmi/e/epilim.pdf>

<https://www.healthnavigator.org.nz/medicines/s/sodium-valproate/>

Lady Comp

<https://lady-comp.com/us/en/shop/products/lady-comp/>

Monocycline

<https://www.medsafe.govt.nz/profs/datasheet/m/Minomycincap.pdf>

Questions

1. Is Lady Comp a single, double or multi indicator method of family planning?
2. True or False. Lady Comp uses algorithms to predict the fertile and infertile phases of the menstrual cycle.
3. True or False. Lady Comp measures BBT.
4. Having read the information on Epilim, what concerns do you have?
5. Having read the information on Epilim, what question do you have that you would like to ask the client?
6. Is Minocycline safe for use in pregnancy?
7. Why should Minocycline not be used after the 18th week of pregnancy?
8. Can Minocycline be found in breastmilk?
9. Do you have any concerns about working with this client? If so, what are they?
10. Do you have any deal breakers in working with this client?

Send your responses to clinicalsupervisor@naturalfertility.co.nz