

## References

- Bigelow, J. L., Dunson, D. B., Stanford, J. B., Ecochard, R., Gnoth, C., & Colombo, B. (2004). Mucus observations in the fertile window: a better predictor of conception than timing of intercourse. *Human Reproduction*, 19(4), 889–892. <https://doi.org/10.1093/humrep/deh173>
- De Souza, et al (1998). High Frequency of Luteal Phase Deficiency and Anovulation in Recreational Women Runners: Blunted Elevation in Follicle-Stimulating Hormone Observed during Luteal-Follicular Transition1. *The Journal of Clinical Endocrinology & Metabolism*, 83(12), 4220–4232. <https://doi.org/10.1210/jcem.83.12.5334>
- Dunson, D. B., Baird, D. D., Wilcox, A. J., & Weinberg, C. R. (1999). Day-specific probabilities of clinical pregnancy based on two studies with imperfect measures of ovulation. *Human Reproduction*, 14(7), 1835–1839. <https://doi.org/10.1093/humrep/14.7.1835>
- Dunson, D. B., Bigelow, J. L., & Colombo, B. (2005). Reduced fertilization rates in older men when cervical mucus is suboptimal. *Obstetrics and Gynecology*, 105(4), 788–793. <https://doi.org/10.1097/01.aog.0000154155.20366.ee>
- Ecochard, R., Boehringer, H., Rabilloud, M., & Marret, H. (2001). Chronological aspects of ultrasonic, hormonal, and other indirect indices of ovulation. *BJOG: An International Journal of Obstetrics & Gynaecology*, 108(8), 822–829. <https://doi.org/10.1111/j.1471-0528.2001.00194.x>
- France, J. T., Graham, F. M., Gosling, L., Hair, P., & Knox, B. S. (1992). Characteristics of natural conceptual cycles occurring in a prospective study of sex preselection: fertility awareness symptoms, hormone levels, sperm survival, and pregnancy outcome. *International journal of fertility*, 37(4), 244–255.
- Gnoth, C., Godehardt, D., Godehardt, E., Frank-Herrmann, P., & Freundl, G. (2003). Time to pregnancy: results of the German prospective study and impact on the management of infertility. *Human Reproduction*, 18(9), 1959–1966. <https://doi.org/10.1093/humrep/deg366>
- Martinez, A. R., van Hooff, M. H., Schouten, E., van der Meer, M., Broekmans, F. J., & Hompes, P. G. (1992). The reliability, acceptability and applications of basal body temperature (BBT) records in the diagnosis and treatment of infertility. *European journal of obstetrics, gynecology, and reproductive biology*, 47(2), 121–127. [https://doi.org/10.1016/0028-2243\(92\)90041-v](https://doi.org/10.1016/0028-2243(92)90041-v)
- Wilcox, A. J., Dunson, D., & Baird, D. D. (2000). The timing of the “fertile window” in the menstrual cycle: day specific estimates from a prospective study. *BMJ*, 321(7271), 1259 LP – 1262. <https://doi.org/10.1136/bmj.321.7271.1259>
- Wilcox, A. J., Weinberg, C. R., & Baird, D. D. (1998). Post-ovulatory ageing of the human oocyte and embryo failure. *Human reproduction (Oxford, England)*, 13(2), 394–397. <https://doi.org/10.1093/humrep/13.2.394>
- Wilcox, A. J., Weinberg, C. R., & Baird, D. D. (1995). Timing of Sexual Intercourse in Relation to Ovulation — Effects on the Probability of Conception, Survival of the Pregnancy, and Sex of the Baby. *New England Journal of Medicine*, 333(23), 1517–1521. <https://doi.org/10.1056/NEJM199512073332301>